

# THE BALLSTON - VIRGINIA SQUARE

A publication of the  
BALLSTON - VIRGINIA SQUARE  
PARTNERSHIP

# Buzz

VOLUME 4, ISSUE 4

SUMMER '07

[www.ballstonvasquare.org](http://www.ballstonvasquare.org)

## What is the Ballston – Virginia Square Partnership?

The Partnership is a public-private organization of citizens, real estate professionals, businesses, civic and condominium associations, educational institutions and non-profits with the mission of promoting and enhancing the Ballston and Virginia Square areas as desirable communities in which to live, learn, work, shop and play. Founded in 1985, it has played a role in, and continues to influence, the development decisions and environmental enhancements for these two “urban villages.”

## In This Issue

FIT Arlington .....	1
Farmers Markets .....	1
Arts + Crafts Market ..	1
Abbies Awards .....	3
Bowen McCauley Dance Concert .....	4
Antiques & Modernism Show .....	5
Restaurant News .....	6
Art Buzz .....	9
Opera Celebrates Niles 25 Years .....	10
Wash Caps Unveil New Uniforms ....	11
Calendar of Events ..	14

## County Launches Fitness Campaign

Arlington County Board Vice Chairman Walter Tejada wants every Arlingtonian to be fit. Together with School Board member Ed Fendley, he has launched an initiative called FitArlington to do just that. Their joint vision is a community in which being healthy and fit is a way of life for all ages and abilities.

During a series of community dialogues this spring, Tejada heard that Arlington residents are looking for fitness opportunities but find that there's not an easy way to learn about resources. To remedy the problem, the County has launched a website [www.arlingtonva.us/fitarlington](http://www.arlingtonva.us/fitarlington) with information about programs and facilities that provide opportunities for residents to pursue a healthy lifestyle.



**FITARLINGTON**  
*Promoting a Culture of Fitness*

“Instead of creating new events or programs, our first goal is to better connect the dots within Arlington so residents can take advantage of what's currently available,” says Tejada. “We are urging community members to let us know about upcoming events, clubs and services that we can put into the calendar of events or add to the links and services.”

On Saturday, June 23, the Ballston-Virginia Square Partnership in cooperation with Arlington County will host a FitArlington Expo, designed to showcase the many resources for fitness that are available in close proximity to Ballston and Virginia Square.

The Expo will take place from 11:00 a.m.

*continued on page 10*

## Friday Farmers Markets and Concerts in Welburn Square Start June 1

Beginning June 1, the Ballston Farmers Market, along with lunchtime concerts, will take place every Friday from 11:00 a.m. until 3:00 p.m. at Welburn Square, 9th and N. Stuart Streets, across from the Ballston Metro station. The market will continue through October 12.

As in previous years, the Ballston Farmers Market will offer fresh produce, artisan breads, gourmet salsas and infused oils. This year's market includes some new farms including Penn Farm and Walnut Hill Farm from Colonial Beach, Virginia, Pleitez Produce of Montross, Virginia, and Tyson's Farms of Glengary, West Virginia. They will

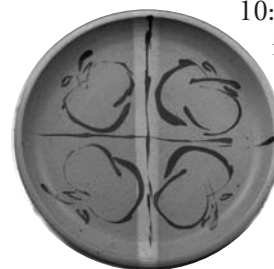
*continued on page 12*

## 2007 Ballston Arts + Crafts Market Opens June 9

### More Vendors than in Previous Years – Goody Bags to First 100 Visitors

Opening day for the 2007 Ballston Arts + Crafts Market is Saturday, June 9th. The Market will operate the second Saturday of every month through October 13, from 10:00 a.m. to 4:00 p.m.

in Welburn Square, 9th and N. Stuart Streets. Welburn Square is located across from the Ballston Metro sta-



*continued on page 8*

# BALLSTON - VIRGINIA SQUARE PARTNERSHIP BOARD OF DIRECTORS

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# Ballston Businesses Honored with 2007 Abbies Awards

The Arlington Chamber of Commerce and the Arlington Economic Development Commission (EDC) join together each year to celebrate Arlington's Best Businesses, otherwise known as the ABBIES. This year's ceremony took place on May 15 at the Sheraton National Hotel, and three of the seven awardees are Ballston businesses. In addition to the regular ABBIES, two "Green ABBIES" were awarded for the first time.

A recipient of the 2007 Arlington Best Business Award is The Teal Center for Therapeutic Bodyworks, which opened in Ballston in 1990. The Center moved to Virginia from the District of Columbia because of Arlington County's progressive certification of massage therapists. At the time, there was no national or state certification program, but forward-looking Arlington officials had worked with massage therapists to develop a permitting system in the County.

"Arlington had the vision to see the benefits of offering alternative and contemporary health care," says owner Brenda Teal. "The residents are diverse and well-educated. It is a good business environment."

The Teal Center currently offers six treatment rooms in Ballston, employing 19 massage therapists and 2 acupuncturists. The Center is open seven days a week from 8:00 a.m. to 8:00 p.m. On May 31, the Center opens a dedicated suite of three treatment rooms at 1701 N. George Mason Drive in the Virginia Hospital Center complex. The Hospital program will enable in-patient treatments to help with the healing process.

Another 2007 ABBIE Award went to Watson-Wyatt, an international human resources consulting firm that moved to the Arlington Gateway office building in Ballston in 2005. Watson-Wyatt advises clients on a variety of topics that have to do with benefits administration,

pension plans, and financial management.

The third Ballston recipient of a 2007 Best Business award is Marymount University, whose main campus is actually two miles north of Ballston. However, the Ballston campus at 1000 N. Glebe Road serves as home to the Ballston-Virginia Square Partnership, the Marymount School of Business Administration, its physical therapy program and others.

For the first time this year, the Chamber and EDC presented two "Green ABBIES" to firms that have embraced sustainable environmental procedures and technologies. Green ABBIES were awarded to Vornado/Charles E. Smith and the Navy League of the U.S. for programs that reduce energy costs and emissions, promote recycling and use LEED green-building standards.

Other ABBIES honorees were Arlington Painting and Janitorial, Educational Options, Inc., Arlington Food Assistance Center, and Leadership Arlington.




*Brenda Teal accepts Abbie from Jerry Norris, Chairman  
Arlington Economic  
Development Commission*

## *Save the Date*

**Toast to Ballston-Virginia Square to  
be held the evening of October 15  
at Arlington Arts Center**

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cuisine found here in Ballston-Virginia Square!*



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# Bowen McCauley Dance Closes 11th Season with Free Lubber Run Performance

## Two World Premieres and "Amygdala" Outdoors to Highlight Evening

Bowen McCauley Dance (BMD) closes its electrifying eleventh season with a free Lubber Run Amphitheater performance in Arlington on Saturday, June 16th, at 8:00 p.m. Headlining a contemporary bill are new works by BMD guest choreographer and former Washington Ballet Principal Dancer, Christopher Doyle, and the debut of Lucy Bowen McCauley's classical - Cuban Jazz hybrid, "Mambozart" by BMD's Junior Company.

"Bowen McCauley Dance always looks forward to hosting this free performance at Lubber Run," says Lucy Bowen McCauley, artistic director and choreographer. "This is a wonderful opportunity for BMD to expose the Arlington community to our latest work as well as the progress that Kenmore Middle School students are making through our Junior Company."

### Partnership Presents Check to Taste of Arlington



*L TO R: Sue Gruskiewicz, Susan Anderson, Barbara Bush, Connie McAdam and Ken Ingram*

As one of the co-Underwriters of the 2007 Taste of Arlington, the Ballston-Virginia Square Partnership welcomed Community Residences Director of Development Barbara Bush and Special Events Director Susan Anderson at a recent Board meeting to accept checks supporting the event. Board President Connie McAdam presents the checks to Bush and Anderson, as Board members Sue Gruskiewicz and Ken Ingram look on.

The Junior Company recently debuted "Is it any Wonder," choreographed by McCauley, at the Kenmore Auditorium in April. "Mambozart" focuses more on duets and individual performance, which marks a significant milestone in the development of the company, according to McCauley.

"The Kenmore students are beginning to expand their capabilities from working together entirely in unison to breaking out into more solo related works," she says. "The rapid progress we have made over the past several months has allowed the Junior troupe to begin exploring new territory."

Also on the bill will be a world premiere by BMD guest choreographer and former Washington Ballet Principal Dancer Christopher Doyle. Set to the music of Kraak & Smaak, Doyle's work is a highly kinetic and modern piece that features two male and two female dancers.

"Working with Bowen McCauley Dance has really allowed me to unleash my creativity," says Doyle. "Lucy and her troupe are incredibly innovative and talented. I am very excited about my collaboration with them and I can't think of a better venue to debut this piece that outdoors at Lubber Run."

BMD's critically acclaimed, evolution inspired "Amygdala" rounds out the evening. Performed for the first time in an outdoor setting, with a new set and costumes, "Amygdala" incorporates the natural surroundings of Lubber Run, as well as Alvin Mays' "Hand Me Down Trousers."

Known for her musically infused choreography, BMD Artistic Director Lucy Bowen McCauley delivers muscular, dramatic work with a combined lyricism and finesse that continues to enchant and surprise audiences and critics alike. McCauley is willing to take risks in programming and over the years has produced a body of work notable for its range in music and movement. In addition to her achievements as a dancer and choreographer, McCauley has pioneered a unique stretch technique, Bowen McCauley Stretch that has been featured in *Sports Illustrated*, *USA Today*, *Dance Teacher*, and *The Washington Post*. Her stretch classes attracted the attention of Olympic gymnast Dominique Dawes, resulting in Lucy's appointment as a national stretch trainer for USA Gymnastics.

Lubber Run Amphitheater is located at N. Columbus & 2nd St. N. Admission and parking are free. A rain date is set for Sunday, June 17 at 8 PM. For more information, visit [www.bmdc.org](http://www.bmdc.org)

# Northern Virginia Antiques and Modernism Show Returns June 23-24

For 20 years, the Kiwanis Club of Arlington has sponsored the annual Northern Virginia Antiques Show and Sale for the benefit of many community organizations, and this year is no exception. The 2007 Antiques and Modernism Show and Sale will be held at the Thomas Jefferson Community Center on Saturday, June 23, from 11:00 a.m. to 7:00 p.m. and Sunday, June 24, from noon to 5:30p.m. A shuttle will operate from the Virginia Square Metro stop on Saturday only.

This year, for the first time, the Art Deco Society of Washington is joining the event and the scope of the show will expand to include art deco, art nouveau and mid-century modern collectibles from 1910-1970. The show will feature 175 antique dealers from 15

states plus 35 modernism dealers.

Tickets are \$6 in advance and \$7 at the door. Call 1-703-621-5123 to reserve advance tickets to be picked up at the door.



The Arlington Kiwanis Club is a 100-member service organization and part of a global organization of volunteers dedicated to changing the world one child and one community at a time. All proceeds from advance sale tickets will go to the

club's Community Service Fund to be used to support children's leadership programs in many of Arlington's elementary, middle and high schools as well as Marymount University. This year, the Kiwanis Club of Arlington and its foundation will give over \$90,000 to community educational and charitable organizations.



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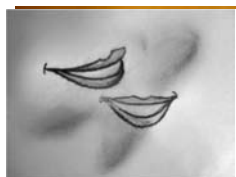
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# Whirlwind of Restaurant Happenings

## Hot Restaurant News

Summer is coming and the restaurant scene is heating up! New restaurants and a wine store are coming to the area and exciting events are happening at current establishments:

### Coming Soon — Grand Cru Wine Store and Vineria



**Grand Cru**  
Wine Store and Vineria

Ballston is going to have its own gourmet wine store featuring a unique collection

of quality wines with a bar and café specializing in appetizers and small entrees to complement the wine. Grand Cru will offer a selection of over 350 wines that can be sampled on the premises, including wines poured by the glass as well as several flights of wines allowing the customer to try various wines from a particular region. The meaning of the Italian word Vineria embodies the concept of Grand Cru, referring to a small café that pairs small food dishes with wine. Customers enjoy an ambiance reminiscent of a Mediterranean streetscape enhanced by awnings and streetlights. A 17-foot custom mahogany bar is a point of focus and stone faux finish walls and Tuscan-marble style floors further complement the rustic feel.

Grand Cru will provide coupons to be found in goody bags that will be distributed to the first 100 visitors of each Ballston Arts & Crafts Market held the second Saturday of each month from June to October. In addition, Grand Cru will feature wine tasting and education events.

The location of Grand Cru Wine Store and Vineria is 4401 Wilson Boulevard on the corner of Wilson Boulevard and Glebe Road in the courtyard behind Vapiano Restaurant.

### Girls' Night Out at The Melting Pot

Ladies, now is the time to enjoy an evening of great food

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*a fondue restaurant*

with friends at the Melting Pot the second Tuesday of each month for a four-course dinner special. The Melting Pot specializes in matching favorite entrees to unique varieties of fondue sauces for a memorable meal. For dessert, the

*continued on page 7*



# Hot Restaurant News

*continued from page 6*

rich chocolate fondue is a treat. Other items on the menu include creamy cheese fondues, salads and fine wines.

The Arlington location is 1110 N. Glebe Road. Reservations for Girls' Night Out will be accepted from 5:00 p.m.-10:00 p.m. Call 703-243-4490 for more information or to make reservations.

## Help Willow Restaurant Win the RAMMY Awards!



Ballston's own Willow Restaurant has been nominated for two RAMMY Awards. You can help this new community favorite win through your votes! The RAMMY Awards are given by the Restaurant Association of Metropolitan Washington to the best restaurants in various categories. Willow is in the running for the categories of "Best Neighborhood Restaurant" and "Best Pastry Chef" honoring Kate Jansen. The public will elect the winner. Voting begins with a ballot in the Sunday May 20 Washington Post Magazine and continues online. The winner will be announced on Sunday, June 17, at the 25th Annual RAMMY Awards. See [www.ramw.org](http://www.ramw.org) for more information and to vote.

Willow Restaurant is located at 4301 N. Fairfax Drive. Lunch is served Monday through Friday from 11:30 a.m. to 2:30 p.m. Dinner is served Monday through Friday from 5:30 p.m. to 10:00 p.m. and on Saturday from 5:30 p.m. to 10:30 p.m. Call 703-465-8800 for information or reservations.

## Vapiano Provides a New Twist To Casual Dining

It's fresh, fast, and provides a new twist to casual dining. Vapiano, which opened in April, is a German-based restaurant offering Italian cuisine. After taking Europe by storm, Vapiano chose Ballston for its first location in the U.S.

The concept is that customers visit a variety of stations featuring fresh pasta, fire roasted pizzas, antipasti, or salads to place their orders. Fresh pastas consist of dishes such as Aglio e olio with garlic, chili and olive oil, the Pomodoro fresco e basilico with cherry tomatoes and basil and the Tonno fresco with tender tuna and fresh vegeta-

bles. Pizzas include basics like the Margherita with tomato sauce and mozzarella and creations like the Toscana with spicy Italian sausage, olives, herbs, tomato sauce and mozzarella. For the antipasti, the Bruschetta with roasted ciabatta bread, tomatoes, garlic and olive oil is a tasty treat. Don't forget dessert! Tiramisu or Crema di Fragola, and fresh strawberries with mascarpone are just a few sweet options. After each order, a "chip card" is swiped and customers pay the amount tallied on their card upon leaving. Average checks are about \$10.00 for lunch and \$13.50 for dinner.



Furnished in fine oak, natural stone and leather, Vapiano has a contemporary atmosphere with a Mediterranean touch created by Milan's star architect and designer, Matteo Thun. An herb garden is found in each Vapiano restaurant providing the fresh seasoning used in all dishes.

Vapiano is located at 4401 Wilson Boulevard (at Glebe Road) and is open 11:00 a.m. to 12:00 midnight, seven days a week. Indoor and outdoor seating is communal. For more information visit [www.vapiano.de](http://www.vapiano.de) or call 703-837-5505.

## Aladdin's Eatery Adds Healthy and Unique Eats

Aladdin's Eatery opened recently offering a unique and flavorful menu that contributes to the diverse tastes of restaurants in the area. The Mediterranean style menu offers healthy yet savory options including rolled pitas, meat and vegetarian



entrees, creative salads, "pizza pitas," soups and classic dishes like hummos and stuffed grape leaves. All dishes use natural ingredients—no saccharin, nutrasweet or any other sugar substitute is used and the table sweetener is unrefined natural brown sugar.



Aladdin's Eatery is located at 4245 Fairfax Drive and opens daily at 11:00 a.m. Call 703-528-0078 for more information.

## ARTS & CRAFTS VENDOR LIST

Rae Aldrich  
Jennifer Athenas  
Hope Augustini  
Eileen Colton  
Craft Mutiny  
Tina Dale Handbags  
Jennifer Eubanks  
Melanie Ferrara Jewelry  
Kazuko Fuller  
G2 Design  
Had Matter Art  
Paige Ireland Photography  
Jule's Jewels  
Jill Johnson  
Just Plain Jane  
Adriana Jokish & Gaby Aguayo  
Mary Ellen Larkins Glass  
Ron Leibfreid  
Cherie Lester  
John Macready Photography  
Urban Magnolia  
Tasha McKelvey pottery & jewelry  
Steve Miller Photography  
Toxic Shock Printing & Apparel  
Pat Moore  
DC Craft Mafia  
Judy Scheiner  
Seamonsters  
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Squidfire  
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Katurah Thomas  
REALM by Jesse Walker  
Stephney Wallace, silversmith  
Lara Wheeler  
Erin Wilkins  
Wendy Wooly  
2 Hounds Productions  
8th Street Soap

## SUPPORTING BUSINESSES

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Grand Cru Wine Store and Vineria  
(coming soon!)  
I Love Thai  
Kaplan Test Prep  
The Printed Page  
Unity Woods Yoga  
Willow Restaurant

## Arts + Crafts Market

*continued from page 1*

tion, near the Ballston Common Mall, the Ellipse Arts Center, and a wide array of restaurants, cafes, shops and condominiums.

In previous years, the juried Market has gained a reputation for quality works at affordable prices.

This fourth year of the Market promises to be the best yet with more vendors than ever, a variety of musical performances, and a campaign to make Ballston a destination for visitors from surrounding areas.



The Market's opening day line-up includes 30+ vendors with a wide range of traditional and not-so-traditional handmade goods. Visitors this year can expect to see familiar work by long-time exhibitors such as potter Nancy Sween and award-winning photographer Steve Miller. In addition, they will have an opportunity to be surprised by a new array of edgy artists from Washington, D.C., Baltimore and beyond, such as the DC Craft Mafia, Squidfire and Toxic Shock Printing. Shoppers can expect to find artwork, functional pieces for their homes, affordable gifts for friends and loved ones and a new array of 'indie' designer clothing and accessories.

Adding to the festive setting will be free live music by different bands at every market, between noon and 3:00 pm. On opening day the market will host two-DC based bands: Omegaband (<http://www.myspace.com/omegaband>) and the Lucky Bastards (<http://www.myspace.com/luckybastards>) — both touting an impressive fan base and funky ska-influenced sound.

Featured entertainment at the other Arts + Crafts Markets includes Bette Noir (July 14), The Lovejoy Group (August 11), The Constituents (September 8), and Dead Men's Hollow (October 13).

As an added attraction this year, the market has approached local businesses and asked them to donate coupons and gifts for goody bags that will be distributed to the first 100 people who visit the Ballston-Virginia Square Partnership booth. Each Market day our bags will feature coupons for special discounts at nearby businesses, restaurants and shops.



The Ballston Arts + Crafts Market is generously supported by Wells Real Estate Funds, The JBG Companies, and the Arlington Community Foundation.

For more details, including a complete roster of vendors, bands, supporting businesses and market sponsors, visit our blog at: [www.ballstonarts-craftsmarket.blogspot.com](http://www.ballstonarts-craftsmarket.blogspot.com)



# Summer Arts in Ballston-Virginia Square

Traditionally, summer is a quiet time in the art world. On the premise that many families are at the beach, or that people would rather stay inside than wander from gallery to gallery, many commercial art galleries slow down for July and August.

In recent years, however, this trend has started to change, and now summer is becoming a time to experiment with the arts, and many organizations will run classes, show unusual work, or coordinate events outside that take advantage of longer daylight hours and a temperature drop in the evenings. At the Arlington Arts Center (3550 Wilson Blvd., at the corner of Wilson and Monroe), all of the above can be found.

As many readers know, the art education program at the AAC really hops in summer. Offering over 50 classes for children and adults, the building is always a beehive of activity. AAC offers children's classes from age 4 through high school beginning June 24. These week-long classes focus on themes or on specific media. Whenever possible, great modern artists or art history movements are incorporated. Examples of children's classes include Winter Wonderlands, Pirates in Paradise, Drawing 101, Pollack Palooza, and Matisse's Murals. We also have several bilingual classes for interested students, and scholarships and tuition assistance are available. Adult classes take place on weekday evenings from 7:00 to 10:00 p.m., and include Fearless Painting Fundamentals, Sculpture and the Environment, Water Media and Eye of the Photographer.

If you're inspired to brush up on your visual arts, you can register at the AAC in person at 3550 Wilson Boulevard, or over the phone, 703-248-6800. Classes fill up fast so register early!

If art classes aren't your thing, stop by and see two great exhibitions. For the third year in a row, the AAC is hosting *New Art Examined: Work by Masters in Fine Arts Graduates from the Mid-Atlantic*. A sampling of what new artists are doing, this survey demonstrates the cutting edge theories of the contemporary art school. *New Art Examined* opens on June 5 with a reception on June 8. At the end of July, AAC welcomes 6 artists from Arlington's Sister City, Aachen, Germany in *Imagining the Distance: Arlington to*

*Aachen*. Be sure to keep your eyes open for exciting related programs through September for this international exchange.

This summer, the AAC welcomes Spielschiff ("play ship" in German) to the Maury Park. A large interactive play sculpture, Spielschiff is designed to be climbed on, slid down, and shared in a variety of ways. It is a twin to an original sculpture in Aachen, Germany, designed by Bonafatius Sternberg, and is commissioned and funded by the Arlington County Public Art Program. Installation is expected to be complete in September.

As always, for more information, drop by the AAC between Tuesday and Saturday, 11:00 a.m. - 5:00 p.m. or visit our website at [www.arlingtonartscenter.org](http://www.arlingtonartscenter.org).

*Left: Spielschiff in Aachen*



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# Opera Celebrates 25 Years with Artistic Director John Edward Niles

Opera Theatre of Northern Virginia (OTNV) is celebrating twenty-five years of performance and artistic development under the direction of Artistic Director John Edward Niles. During his tenure, Niles has provided performance experience for talented young artists and offered many lesser-known works by famous composers, such as the U.S. stage premiere of Puccini's *Edgar*, which was attended by Puccini's granddaughter. He has also staged world premieres of several American operas. Under his direction, many current operatic stars appeared in Opera Theatre of Northern Virginia productions early in their careers, including Fabiana Bravo, William Killmeier, Jennifer Larmore, Alessandra Marc, and Carl Tanner.

Prior to joining the Opera Theatre of Northern Virginia, Niles served as conductor of Cincinnati Summer Opera, Virginia Opera, Bel Canto Opera Company, and Ithaca Opera Association, and studied under several notable opera conductors in the United States and abroad.

The conductor's musical contributions and his dedication to Opera Theatre of Northern Virginia will be celebrated at a reception at the Washington Golf and Country Club on June 24. The event will feature artists who have appeared on the OTNV stage, including baritone Lewis

Freeman, tenor Michael Hayes, soprano Katherine Osborne and baritone Jason Stearns. The benefit celebration will enable Opera Theatre of Northern Virginia to continue touching the lives of artists, opera lovers and children alike in their diverse programming for years to come. For information about the reception and OTNV, visit [www.novaopera.org](http://www.novaopera.org) or call 703-528-1433.



*Top: Scene from OTNV's 2006 family opera The Nightingale by Charles Strouse; Bottom: The cast in OTNV's production of Amadeo Vives' Bohemios takes a curtain call.* Photos by Don Levine



## FIT Arlington Fitness Campaign

*continued from page 1*

to 3:00 p.m. in Welburn Square, 9th and N. Stuart Streets, across from the Ballston Metro Station. Throughout the day, there will be demonstrations on the main stage and on the grass featuring yoga, stretch, Pilates, rhythmic gymnastics, various types of dance, and senior exercise. Attendees will be encouraged to participate.

In addition, programs will be offered on nutrition and health topics, and various agencies and businesses will have information booths with coupons, brochures and giveaways. Some special attractions will feature free massages, body fat testing, personal training tips, and free samples. Children will love the Moon Bounce and the demonstration of Itsy-Bitsy Yoga.

Among those participating in the FitArlington Expo are Virginia Hospital Center, Sport & Health Club, Studio Body Logic, The Comedy Spot, Natural Body Spa, Howe to Eat, Gold's Gym, Arlington Jazzercise, Curves of Arlington, Unity Woods Yoga Center, Arlington Center for Dance, Arlington Red Cross, DC Zumba, Smoothie King, The Carlin Apartments for Seniors, the YMCA, WalkArlington and BikeArlington, Vitamin World, the Washington Capitals, and Arlington County Division of Parks, Recreation and Cultural Resources.

Support for the Ballston FitArlington Expo is provided by American Service Center, BB&T Bank, and Virginia Hospital Center, as well as the Ballston-Virginia Square Partnership.



# New Uniforms for Washington Capitals to be Unveiled at June 22 Draft Day Party

Come and watch the Washington Capitals present their new uniforms at a Draft Day Party on Friday, June 22 at the Kettler Capitals Iceplex in Ballston. Free skating, Caps player and alumni autographs and interactive games add to the fun! Attendees can also watch the first round of the 2007 NHL Entry Draft that will be broadcast from Columbus, Ohio, on large screens on both rinks and television sets throughout the Iceplex.

The Capitals are the first team in the NHL to announce their plans to unveil their new uniforms, which are produced by Reebok, and will be the first team that plans to have their new uniforms at the NHL Entry Draft. The new uniforms have a red, white and blue color scheme that the Caps wore from their first season in 1974-75 through 1994-95.

For admission, the general public has the opportunity to

reserve and print passes, pending availability, with a limit of two passes per person. Capitals ticket plan-holders will have priority access to passes.

Two types of passes, Red Rink and Blue Rink, will be offered. Red Rink passes are issued on a first-come, first-served basis, beginning with plan holders, and will provide priority access to the Capitals practice rink for the uniform unveiling. Once Red Rink passes are sold out, Blue Rink passes will be available for access to the rest of the Iceplex.

Doors will open at 5:50 p.m. and fans are asked to be seated by 6:30.

The uniform unveiling will begin at approximately 6:40 p.m. The first round of the NHL Entry Draft will begin at 7:00 p.m.

For updates and additional information, visit [WashingtonCaps.com](http://WashingtonCaps.com).



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# Farmers Market

*continued from page 1*

offer a wide variety of in-season vegetables and fruits, from asparagus, lettuce and spinach, to corn, tomatoes, cucumbers, squash, berries, beans, peppers, herbs, melons, peaches, pears, beets, potatoes, onions, broccoli, and eggplant. Sunnyside Farms of Washington, Virginia, will be returning to the market offering organically grown produce, organic chickens and eggs, as well as apple cider, apple sauce, fruit pies and pesto. Fresh flowers will be available as well.

Joining the market this year is European Gourmet Bakery from Leesburg, Virginia, offering scones, croissants, cookies, tarts and fruit pies in both mini and large sizes. Bakeries returning to the market are Grace's Pastries with many varieties of quick breads, Baguette Republic with fresh baguettes, pies and brownies, and Great Harvest Bread Company with their whole grain specialties.

Dick's Kitchen will again offer sauces, salsa, oils, and a variety of other shelf stable condiments, and Hot Wings on the Run will sell bottled barbecue sauce. From time to time during the summer, vendors will join the market selling maple syrup and handmade dog biscuits



Chef's demonstrations featuring Ballston restaurant chefs will be scheduled occasionally throughout the summer, and each week there will be a live music performance from 11:45 a.m. to 1:30 p.m. This year's lineup includes:

## JUNE

- 1 Patty Reese Duo, Folk – Rock/Blues
- 8 The Barretones, Bluegrass
- 15 Cletus & Lori, Acoustic Folk – Pop
- 22 Moe Nelson & Mark Noone, Have Bass, Will Travel
- 29 Jeff Watson Trio, Classic Rock – R&B

## JULY

- 6 Dulcie Taylor Trio
- 13 Michael Mulvaney & Randy Latimer, Blue Americana
- 20 Andrew McNight Trio, Original Acoustic Folk

The Summer Concerts in Welburn Square are supported by The Westin Arlington Gateway, The Jefferson, and The Meridian at Ballston.

Make plans to visit the Ballston Farmers Market & Summer Concerts in Welburn Square each Friday this summer. For additional information, visit the Web site [www.ballstonvasquare.org](http://www.ballstonvasquare.org) or call (703) 528-3527.



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# Arlington Federal Credit Union Enables Employers to Offer More Benefits at No Extra Cost

The Arlington Virginia Federal Credit Union (AVFCU) offers a variety of services to both employers and employees that save money through low loan rates, high savings yields and minimal fees.

The Credit Union is able to offer many of the same products as traditional banking institutions but at a cost that is much more affordable. For instance, as a member, you pay no fees for using a 7-Eleven ATM. You are also eligible for free financial planning, credit counseling, quotes on insurance and more.

Employers also benefit from becoming AVFCU Community Partners. AVFCU is a member-owned, not-for-profit financial cooperative, which will provide additional services and benefits at your place of work, such as "Lunch and Learn" seminars on various financial topics and visits from staff for orientations and benefits fairs, at no extra cost. Employees receive specialized service and gain the knowledge they need to reach their financial goals.

Since AVFCU is not-for-profit, they return earnings to customers and members. A volunteer, member-elected Board of Directors insures that decisions are made with the members' best interest in mind.

Experience the Credit Union difference with AVFCU!

Contact Community Relations Manager, Patty Browne, at 703-526-0200 x265, and visit [www.arlingtonvafcu.org](http://www.arlingtonvafcu.org) to learn more about why a partnership with AVFCU is right for you and your employees.

## The Club on Quincy Set for July Hearings

The owners of 3901 North Fairfax Drive, site of the Arlington Funeral Home and its parking lot, have filed a site plan amendment for the property that is currently under review. The new project is known as The Club on Quincy. In 2004, a previous owner had received approval for a building with 135 dwelling units, 2,648 square feet of ground floor retail, a community black box theatre, a plaza, and the existing funeral home.

The new owner has submitted plans for replacing the funeral home on-site in a new building, expanding ground floor retail to 3,440 square feet, and reducing the number of dwelling units to 124. The community black box theatre would expand in size, from 8,193 square feet to 9,358 square feet, and approximately one-third of the site would become a public plaza.

The proposal is being reviewed and is expected to be heard by the Planning Commission and County Board in July.

## WHAT MAKES THE SKY BLUE?

A scientist might say that our atmosphere scatters blue light the best. But in Arlington County, there's more to it than that. Every time you leave your car at home and find a greener way to get around, every time you ride Metrobus, Metrorail or ART, every time you walk or bike on one of the most extensive trail systems in the country, you not only ensure we'll have clear skies tomorrow, you also help make Arlington an amazing place to live today. And that's a better way to go.



commuterpage.com

# BALLSTON - VIRGINIA SQUARE CALENDAR OF EVENTS SUMMER '07

## JUNE – SEPTEMBER 2007

(\$ = entrance fee,  
all other events are free)

### FRIDAY, JUNE 1

11:00 a.m.-3:00 p.m.  
**Ballston Farmers Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)  
  
11:45 a.m.-1:30 p.m.  
**Lunchtime Concert: Patty Reese Duo**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

### THURSDAY, JUNE 8

8:00-9:30 a.m.  
**Partnership Board of Directors**  
Meet at 1000 N. Glebe Road, Rm 507

### JUNE 5 – JULY 21

**New Art Examined III: Works by  
MFA Graduates in the Mid-Atlantic  
Region, also FIREWAVE: a  
Collaborative Installation**  
Arlington Arts Center  
3550 Wilson Boulevard  
Gallery Hours: Tues.-Sat. 11:00 a.m. to  
5:00 p.m.  
Opening Reception: Friday, June 8  
[www.arlingtonartscenter.org](http://www.arlingtonartscenter.org)

### FRIDAY, JUNE 8

11:00 a.m.-3:00 p.m.  
**Ballston Farmers Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)  
  
11:45 a.m.-1:30 p.m.  
**Lunchtime Concert: The Barrettones**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

### SATURDAY, JUNE 9

10:00 a.m.-4:00 p.m.  
**Ballston Arts + Crafts Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)  
[www.ballstonarts-craftsmarket.blogspot.com](http://www.ballstonarts-craftsmarket.blogspot.com)

### THURSDAY, JUNE 14

8:00-9:30 a.m.  
**Partnership Real Estate Marketing  
Group**  
Ballston Station Conference Room,  
4301 N. Fairfax Drive (entrance on  
N. Utah Street)

### FRIDAY, JUNE 15

11:00 a.m.-3:00 p.m.  
**Ballston Farmers Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

11:45-1:30 p.m.  
**Lunchtime Concert: Cletus & Lori**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

### JUNE 22 – AUGUST 4

**Contemporary Art of Iran and Its  
Diaspora**  
Ellipse Arts Center  
4350 N. Fairfax Drive  
Hours: Wed.-Fri. 11:00 a.m. to  
7:00 p.m., Sat. 11:00 a.m. to 2:00 p.m.  
Opening Reception: Thursday, June 21  
[www.arlingtonarts.org/ellipseartscenter](http://www.arlingtonarts.org/ellipseartscenter)

### FRIDAY, JUNE 22

11:00 a.m. – 3:00 p.m.  
**Ballston Farmers Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)  
  
11:45 a.m.-1:30 p.m.  
**Lunchtime Concert: Have Bass, Will  
Travel**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

### SATURDAY, JUNE 23

11:00 a.m. – 3:00 p.m.  
**FITARLINGTON EXPO**  
**A Showcase of Fitness and Wellness  
Resources in Ballston-Virginia Sq.**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)  
[www.arlingtonva.us/FitArlington](http://www.arlingtonva.us/FitArlington)

### THURSDAY, JUNE 28

8:00-9:30 a.m.  
**Partnership Board of Directors**  
Meet at 1000 N. Glebe Road, Rm 507

### FRIDAY, JUNE 29

11:00 a.m.-3:00 p.m.  
**Ballston Farmers Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)  
  
11:45 a.m. – 1:30 p.m.  
**Lunchtime Concert: Jeff Watson Trio**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

### JUNE 30 & JULY 1

**Free Introductory Yoga Classes**  
(call 703-525-8992 for schedule)  
Unity Woods Yoga Center  
4001 N. 9<sup>th</sup> Street, Suite 105

### FRIDAY, JULY 6

11:00 a.m.-3:00 p.m.  
**Ballston Farmers Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)  
  
11:45 a.m.-1:30 p.m.  
**Lunchtime Concert: Dulcie Taylor  
Trio**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

### THURSDAY, JULY 12

8:00-9:30 a.m.  
**Partnership Real Estate Marketing  
Group**  
Ballston Station Conference Room,  
4301 N. Fairfax Drive (entrance on  
N. Utah Street)

### FRIDAY, JULY 13

11:00 a.m.-3:00 p.m.  
**Ballston Farmers Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)  
  
11:45 a.m.-1:30 p.m.  
**Lunchtime Concert: Michael  
Mulvaney & Randy Latimer**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

### SATURDAY, JULY 14

10:00 a.m.-4:00 p.m.  
**Ballston Arts + Crafts Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)  
[www.ballstonarts-craftsmarket.blogspot.com](http://www.ballstonarts-craftsmarket.blogspot.com)

### THURSDAY, JULY 19

7:00 to 9:00 p.m.  
**The Power of Cliché: a Panel  
Discussion**  
Ellipse Arts Center  
4350 N. Fairfax Drive

### FRIDAY, JULY 20

11:00 a.m.-3:00 p.m.  
**Ballston Farmers Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)  
  
11:45 a.m.-1:30 p.m.  
**Lunchtime Concert:  
Andrew McNight Trio**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

### FRIDAY, JULY 27

11:00 a.m.-3:00 p.m.  
**Ballston Farmers Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)  
  
11:45 a.m.-1:30 p.m.  
**Lunchtime Concert**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

### THURSDAY, AUGUST 2

8:00 – 9:30 a.m.  
**Partnership Board of Directors**  
Meet at 1000 N. Glebe Road, Rm 507

### FRIDAY, AUGUST 3

11:00 a.m.-3:00 p.m.  
**Ballston Farmers Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

11:45 a.m.- 1:30 p.m.  
**Lunchtime Music by Dan the Man**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

### FRIDAY, AUGUST 10

11:00 a.m.-3:00 p.m.  
**Ballston Farmers Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)  
  
11:45 a.m.- 1:30 p.m.  
**Lunchtime Music by Dan the Man**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

### SATURDAY, AUGUST 11

10:00 a.m.-4:00 p.m.  
**Ballston Arts + Crafts Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)  
[www.ballstonarts-craftsmarket.blogspot.com](http://www.ballstonarts-craftsmarket.blogspot.com)

### FRIDAY, AUGUST 17

11:00 a.m.-3:00 p.m.  
**Ballston Farmers Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

### FRIDAY, AUGUST 24

11:45 a.m.- 1:30 p.m.  
**Lunchtime Music by Dan the Man**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

### FRIDAY, AUGUST 24

11:00 a.m.-3:00 p.m.  
**Ballston Farmers Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)  
  
11:45 a.m.- 1:30 p.m.  
**Lunchtime Music by Dan the Man**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

### AUGUST 24 – OCTOBER 13

**You Are Here: Maps Re-Defined by  
Mid-Atlantic Contemporary Artists**  
Ellipse Arts Center  
4350 N. Fairfax Drive  
[www.arlingtonarts.org/ellipseartscenter](http://www.arlingtonarts.org/ellipseartscenter)

### FRIDAY, AUGUST 31

11:00 a.m.-3:00 p.m.  
**Ballston Farmers Market**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)  
  
11:45 a.m.- 1:30 p.m.  
**Lunchtime Music by Dan the Man**  
Welburn Square (9<sup>th</sup> & N. Stuart Sts.)

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Post your organization's events  
here. Send complete information to  
Editor, Ballston-Virginia Square  
Partnership, 2807 N. Glebe Road,  
Suite 515, Arlington, VA 22207.



# JOIN THE BALLSTON-VA SQUARE PARTNERSHIP AND RECEIVE THESE BENEFITS

## 1. INFORMATION:

Your personal copy of the BUZZ mailed to your address. Annual Map & Business Directory with information about businesses in Ballston-Virginia Square, a comprehensive Web site, and invitations to meetings and programs designed to educate and inform.

## 2. NETWORKING:

Get to know others with an interest in the Ballston-Virginia Square area: retailers, corporate executives, real estate brokers, community activists and residents. Establish business relationships and learn the "scoop."

## 3. HELPING SHAPE THE COMMUNITY:

For more than 20 years, the Partnership has played a role in developing and enhancing Ballston-Virginia Square. You can participate in the decisions that are being made now for the future.

## 4. MARKETING:

Your membership opens doors to the business and resident groups you would like to reach in Ballston-Virginia Square. Members receive discounts for advertising and other marketing opportunities.

## 5. GOVERNMENT AFFAIRS:

Your membership provides both formal and informal access to County, state and U.S. government officials.

## 6. ARLINGTON REAL ESTATE SHOWCASE AND BUS TOUR:

At this biennial event, real estate members have the opportunity to exhibit their projects and obtain the most up-to-date information about development activity in Arlington. The Partnership takes the lead in organizing the Bus Tour.

## 7. ECONOMIC DEVELOPMENT:

The Partnership works closely with Arlington Economic Development to assure the sustainability of a balanced economy with high-quality investment in Ballston-Virginia Square and Arlington.

## 8. COMMITTEES:

Join a committee and help carry out the work of the Partnership. Your ideas are welcome.

## 9. SPECIAL EVENTS:

You and your business can play a role in area special events, such as Toast to Ballston-Virginia Square, Farmers Markets, the Ballston Arts & Crafts Market, and the Annual Holiday Tree-Lighting.

## 10. FOCUS ON YOUR COMMUNITY:

Unlike other business organizations and community service groups you might join, the Partnership is focused on making Ballston-Virginia Square the best place to live and do business. This is value-added to achieving your goals.

# MEMBERSHIP FORM

Name of Company/Individual \_\_\_\_\_

Contact Name(s) \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Amount Paid: \$ \_\_\_\_\_

Please make checks payable to Ballston - Virginia Square Partnership. Mail to:  
Ballston - Virginia Square Partnership  
2807 N. Glebe Road, Suite 515, Arlington, VA 22207

The Ballston-Virginia Square Partnership is exempt from Federal income tax under Section 501(c)6 of the I.R.S. Code. Payments to the Partnership are not deductible as charitable contributions. They may be deducted as ordinary and necessary business expenses. *Thanks for your support!*

## MEMBERSHIP DUES

(Membership year July 1- June 30)

Active Development Projects	\$2,500
Corporate and Business Professionals	
Small (10 or fewer employees)	250
Medium (11-20 employees)	500
Large (21 or more employees)	1,000
Real Estate	
Small (10 or fewer employees)	250
Medium (11-25 employees)	500
Large (26 or more employees)	1,000
Retail and Small Business	
Small (10 or fewer employees)	250
Medium (11-25 employees)	500
Large (26 or more employees)	1,000
Non-Profit Organizations	
Small (10 or fewer employees)	250
Medium (11-20 employees)	500
Large (21 or more employees)	1,000
Educational Institutions	1,000
Civic and Condominium Associations	100
Residents (per household)	25

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